

# DECEMBER 2021

# MENLO ELEMENTARY SCHOOL

# BREAKFAST



**Cafeteria Manager: Patricia Bentley**

**Menu subject to change due to product availability.**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.  
*USDA is an equal opportunity provider.*

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

6

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal w/ Toast  
Fruit  
Juice  
Milk

7

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit  
Juice  
Milk

8

Syrup Day OR  
Muffin OR Cereal w/ Toast  
Fruit  
Juice  
Milk

9

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal w/ Toast  
Fruit  
Juice  
Milk

10

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

13

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal w/ Toast  
Fruit  
Juice & Milk

14

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit  
Juice  
Milk

15

Syrup Day OR  
Muffin OR Cereal w/ Toast  
Fruit  
Juice  
Milk

16

TEACHER WORKDAY

17

CHRISTMAS BREAK

20

CHRISTMAS BREAK

21

CHRISTMAS BREAK

22

CHRISTMAS BREAK

23

CHRISTMAS BREAK

24

CHRISTMAS BREAK

27

CHRISTMAS BREAK

28

CHRISTMAS BREAK

29

CHRISTMAS BREAK

30

CHRISTMAS BREAK

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